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Patient Name: _____ Phone: _____

Date of Onset: _____ Next Dr. Appt: _____ ICD-10 Code: _____

Diagnosis: _____ Weight Bearing Status: _____

Evaluate and Treat as Indicated: _____ PT _____ OT _____ ST

Special Instructions/Precautions: _____

- Rehabilitation Programs: Neck Back Shoulder Hand Elbow Hip
- Knee Foot/Ankle Stroke Spine Balance Gait Training Aquatic Therapy

MODALITIES

- Modalities as Indicated
- Electrical Stimulation
- Ultrasound/Phono
- Iontophoresis
- Tens Application
- Traction Neck/Back
- Massage
- Soft Tissue Mobilization
- Whirlpool
- Wound Care _____

EXERCISES

- Passive
- Active Assistive
- Active
- Resistive
- Mobilization
- Stretching
- Isometrics
- Muscle Strengthening (PRE)
- Gait Training
- Home Exercise Instruction

ISOKINETIC EVALUATION

FUNCTIONAL CAPACITY EVALUATION

WORK CONDITIONING

- Daily
- Three times a week
- Treatment Goals as per therapist's discretion unless otherwise noted below
- Other _____

HAND THERAPY

- CHT

HAND SPLINTING

- STATIC
- DYNAMIC

CUSTOM FOOT ORTHOTICS

DRY NEEDLING

Frequency (times per week): 1 2 3 4 5 Duration (in weeks): 1 2 3 4 5 6

Signature certifies the established plan of care.

Physician Signature: _____ Date: _____

Physician's Name (printed): _____